

### **Birth to age 3:**

**Early Intervention:** Services and supports that are available to babies and young children with developmental delays and disabilities and their families.

Erie County: (716) 858-6161

<https://www2.erie.gov/health/index.php?q=node/50>

Niagara County:

716-278-1691

<https://www.niagaracounty.com/health/Services/Children-With-Special-Needs/Early-Intervention-Child-Find>

For more information and a complete list by county please go to:

[https://www.health.ny.gov/community/infants\\_children/early\\_intervention/](https://www.health.ny.gov/community/infants_children/early_intervention/)

### **Ages 3-5 Years old:**

CPSE (Committee on Pre-School Education) through your home school district special education department.

### **Ages 5-21 Years old:**

CSE (Committee on Special Education) through home school district special education department.

### **Ages 21 and up:**

No supports unless enrolled in Health Homes or OPWDD (Office of People with Developmental Disabilities).

### **Please note:**

Foster Children fall under a specific Health Homes for developmental and mental health services. OLV Human Services and Hillside Family of Agencies are two agencies that provide these services for foster children. Once adopted, they can stay in the program until the age of 21 or choose to transfer to OPWDD Health Home services.



### **About the Creator:**

Kelli is special needs parent, founder of the West Seneca SEPTA (Special Education PTA), and a care coordinator. Kelli is always working towards educating the community on resources for those in need.



This brochure was created by Kelli Helmer along with information gathered from:

- OPWDD
- Mental Health Association
- Person Centered Services
- Prime Care
- People Inc.
- Community Services for Every1
- APIC
- NyStart
- NYS Department of Health
- Autism Learning Partners
- Turning Point Behavioral Services

## **Steps to Obtaining Supports and Services**



**A simple guide to set your mind at ease for your loved one with developmental and mental health needs.**



## Health Home Care Coordination Organizations under OPWDD:

This service provides care management for people with developmental disabilities.

OPWDD Care coordination providers:  
Person Centered Services: 716-324-5100  
Prime Care: 1-844-347-3168

OPWDD offers services such as Residential Habilitation, Day Habilitation, Community Habilitation, After School programming, in-home Respite, in-home behavior supports, family reimbursement, etc. These services are all requested and submitted for by a care coordinator and not by the parents.

For a complete list and full description of these services go to:

<https://opwdd.ny.gov/types-services>

OPWDD self-direction is based on a yearly budget based on need. It is a person-centered process for accessing supports and services in New York State. It is funded by federal and state Medicaid funds, and is overseen by the New York State Office for People with Developmental Disabilities (OPWDD). Self Direction requires: A Care coordinator, broker and Fiscal Intermediary. For more information please go to:

<https://opwdd.ny.gov/types-services/self-direction>



## Health Home Care Managers under Mental Health:

This service ensures all aspects of a youth's care – including medical, behavioral health, social services and more. This service is properly coordinated to support the health and wellness goals of the child and the family and end with the youth receiving comprehensive and effective care.

Some agencies that provide this service:

### **Hillside Family of Agencies:**

1-585-312-1448

### **The Arc Erie County New York:**

1-833-272-3743

### **OLV Human Services:**

**CASA-consumer directed:** does not double dip with other services:

This Medicaid program provides services to chronically ill or physically disabled individuals who have a medical need for help with activities of daily living (ADLs), or skilled nursing services.

Services can include any of the services provided by a personal care aide (home attendant), home health aide, or nurse.

Recipients have flexibility and freedom in choosing their caregivers.

The consumer or the person acting on the consumer's behalf (such as the parent of a disabled or chronically ill child) assumes full responsibility for hiring, training, supervising, and – if need be – terminating the employment of persons providing the services.

Erie County:  
716-858-2323

<https://www2.erie.gov/seniorservices/index.php?q=feature/consumer-directed-home-care>

Niagara County:  
716-278-8620.

<https://www.niagaracounty.com/socialservices/Programs/Home-Care>

For a full description and list please go to:  
[https://www.health.ny.gov/health\\_care/medicaid/program/longterm/cdpap.htm](https://www.health.ny.gov/health_care/medicaid/program/longterm/cdpap.htm)

## In-Home Behavioral Supports and Services:

### **NYStart:**

The START program model provides community-based crisis intervention for individuals with intellectual and developmental disabilities (IDD), along with mental health needs. The model is evidence-informed and utilizes a national database. It is a person-centered, solutions-focused approach that employs positive psychology and other evidence-based practices.

The phone number to contact NYStart is based on your county.

More contact information can be found on their website:

<https://centerforstartservices.org/locations/new-york>

### **APIC (Access to Psychiatry Through Intermediate Care):**

Mobile Psychiatric Care Unit, Optimized Pharmacological Schedules, Streamlined Training and Consultative Services.

(716) 406-7005

<http://apicout.org/>

### **ALP (Autism Learning Partners):**

Excellent program under insurance, not Medicaid in home, or in school supports.

### **Turning Point Behavioral Services:**

A team of behavioral analysts working with students, their families, and school districts.

(716) 202-1161

<http://www.turningpointbehavior.com/>

